

1 Local Routes

ROUTE INFORMATION

Best times for riding on the roads:
Monday – Friday 8am
Sunday 8am

Poihipi (high risk):
> High traffic volume, high heavy vehicle route, subject to fog & sunshine

Broadlands Rd (high risk):
> High traffic volume, subject to fog & sunshine

Palmermill Rd (med risk):
> Listen for trucks

Mapara Rd (med risk):
> Private motor vehicles

Oruanui Rd (high risk):
> All traffic

Tuhingamata Rd (low risk):
> All traffic

Town (med risk):
> All traffic

Refer to reverse side for additional route information

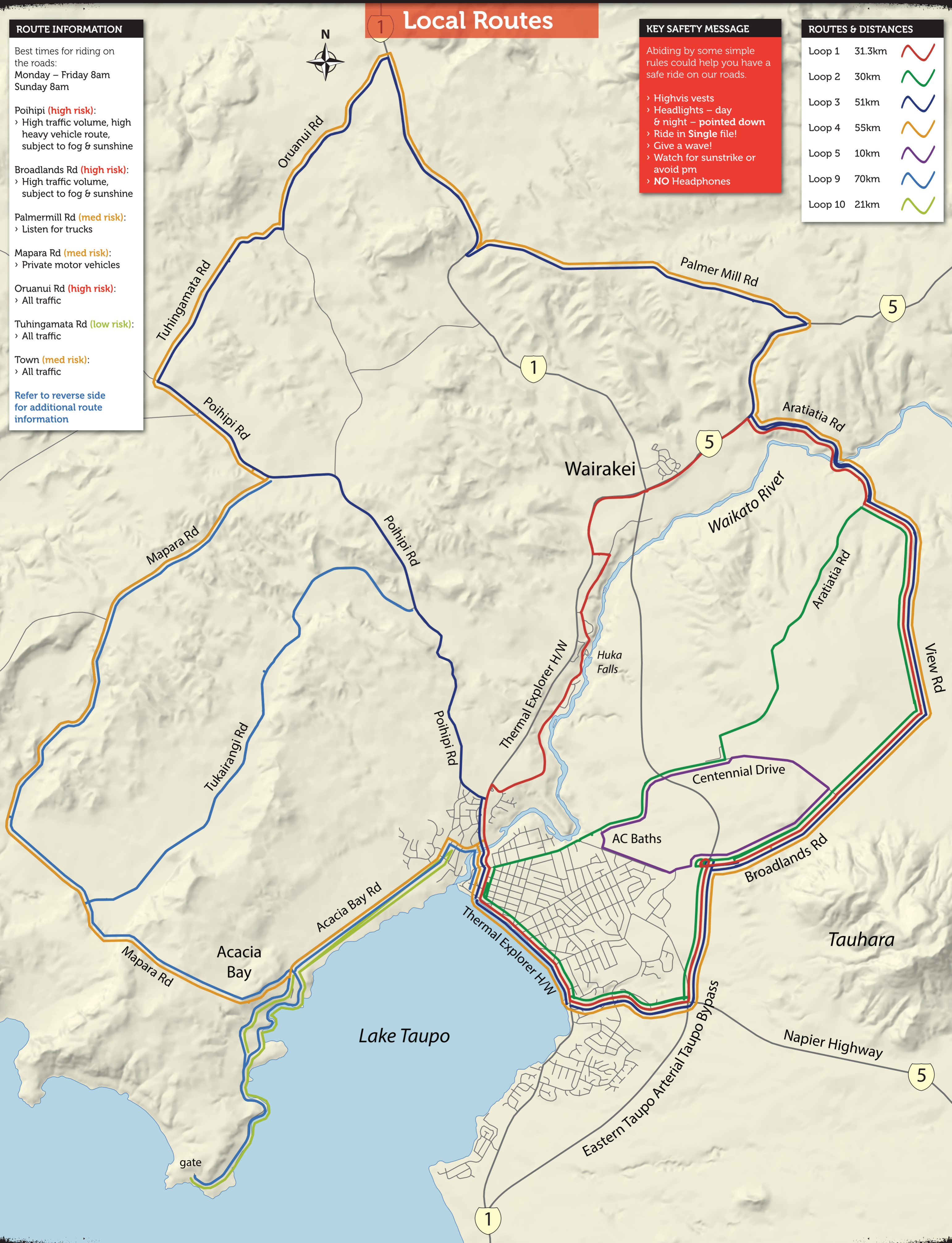
KEY SAFETY MESSAGE

Abiding by some simple rules could help you have a safe ride on our roads.

- > Highvis vests
- > Headlights – day & night – pointed down
- > Ride in Single file!
- > Give a wave!
- > Watch for sunstrike or avoid pm
- > NO Headphones

ROUTES & DISTANCES

Loop 1	31.3km	
Loop 2	30km	
Loop 3	51km	
Loop 4	55km	
Loop 5	10km	
Loop 9	70km	
Loop 10	21km	



Longer Rides



KEY SAFETY MESSAGE

Abiding by some simple rules could help you have a safe ride on our roads.

- > Highvis vests
- > Headlights – day & night – pointed down
- > Ride in **Single file!**
- > Give a wave!
- > Watch for sunstrike or avoid pm
- > **NO** Headphones

ROUTES & DISTANCES

Loop 6	83km	
Loop 7	~ 140km	
Loop 8	154km	

ROUTE INFORMATION

Best times for riding on the roads:
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Forest Rd (**low risk**):
> Listen for trucks

(high risk):
Lake Taupo Cycle Challenge is a great route for a 160km ride. See their website for more details.

> All traffic on State Highway 1

(high risk):
Ironman Cycle Leg of Ironman NZ Course is to Reporoa return 90km

> Broadlands Road

Refer to reverse side for additional route information

Loop 8 - optional add-on to Loop 7